

## **PRESS RELEASE**

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*For Immediate Release*

### **Western Reserve Association of Health Underwriters (WRAHU) hosts "Science Based, Innovative Corporate Wellness: Why this results-oriented plan can no longer be ignored"**

Poland, Ohio (October 3, 2014) – Thursday, October 9, 2014, WRAHU will host “Science Based, Innovative Corporate Wellness: Why this results-oriented plan can no longer be ignored” at Diletto Winery, 9182 Youngstown Salem Road, Canfield, OH 44406. Two hours of continuing education credits are available for this program, which begins at 4:00 p.m. and ends at 6:00 p.m.

Lana M. Kontos, N.D., Board Certified Naturopathic Doctor and Certified Diet and Lifestyle Medicine Practitioner, and Kevin Bodi, Vice President, Bravo Wellness will discuss how the proper diet and lifestyle program based on gold standard science can dramatically reduce the costs of health care for today’s employers. There are only a few dozen practitioners in the country who know about, are trained in and who teach this approach to healthcare.

Wine tasting and networking will precede the program at 3:30 p.m.

Cost to attend this event, which is open to WRAHU and OAHU members only, is \$5.00. Reservations may be made emailing your name and company information to [jessica@jmbsohio.com](mailto:jessica@jmbsohio.com). For more information about this event or to join WRAHU, please visit [www.wrahu.org](http://www.wrahu.org).

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*The Western Reserve Association of Health Underwriters (WRAHU) is a trade association representing agents, brokers and other professionals concerned with health insurance. The mission of the WRAHU is to educate the public and decision makers about the value health insurance professionals deliver in helping consumers access the health care system and, through education and association involvement, increase members' ability to better serve consumers.*

*WRAHU's management team is J&M Business Solutions, LLC, a woman owned business established in 1994.*